

UNIVERSITY OF
Southampton

AVENUES

JULY 2018 | ISSUE 1

The magazine for the University of Southampton
Lifelong Learning Programme

In this issue

EXPERIENCE:

Reflective Art in Practice

LANGUAGES:

Dutch and Arabic Tasters

DISCOVER:

Study Days

WELCOME



Welcome to the first edition of the University of Southampton Lifelong Learning Magazine.

We have a fantastic array of courses on offer this academic year: not just languages, but also Art, Philosophy, History, Creative Writing and so many more.

Our programme is always expanding and we are always looking for new ways to deliver courses. One of our highlights this year has been to introduce a series of creative writing courses, which have proven very popular and will run again next year.

Our feature articles will give you a flavour of what you can expect from these courses, such as the much loved Reflective Art in Practice courses. These are tutored by Abi Kremer, an accomplished practising artist with years of teaching experience. As well as fascinating insights into art history, these are very practical courses and students produce beautiful pieces of work every week. This year's topics will include Still Life and Landscapes, and we would love to see you there.

The language courses are the backbone of what we do, and there is a wide range of languages: from Chinese and Japanese through to Arabic, Italian and Greek. We offer a range of levels to make sure that you are suitably challenged, as well as more informal language clubs for advanced learners. Our tutors are almost all native speakers and are brilliant teachers who are passionate about languages. We have featured some of them in this magazine to give you an insight into why they started teaching and what they love about languages.

In this edition we invite you to attend one of our Study Days. These are popular events which run on Saturdays throughout the year. Study Days are a great way of getting a broader understanding of some of the research conducted at the University of Southampton and offer an opportunity to broaden your knowledge on a range of topics of local and general interest.

Finally, I would like to say a huge thank you to all of the staff (tutors and administrators) who work so hard to make Lifelong Learning at Southampton such a lively and interesting programme. Special thanks also to my co-editors Cameron Ridgway and Hermione Cook who have been invaluable in creating and producing this magazine.

I very much hope that you enjoy reading our magazine and that whether you are a new or returning student it will inspire you to join us for one of our courses or attend one of our events over the coming year.

Alison Dickens
Director of Lifelong Learning

TALK TO US



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NEW FOR 2018: IELTS PREPARATION COURSES



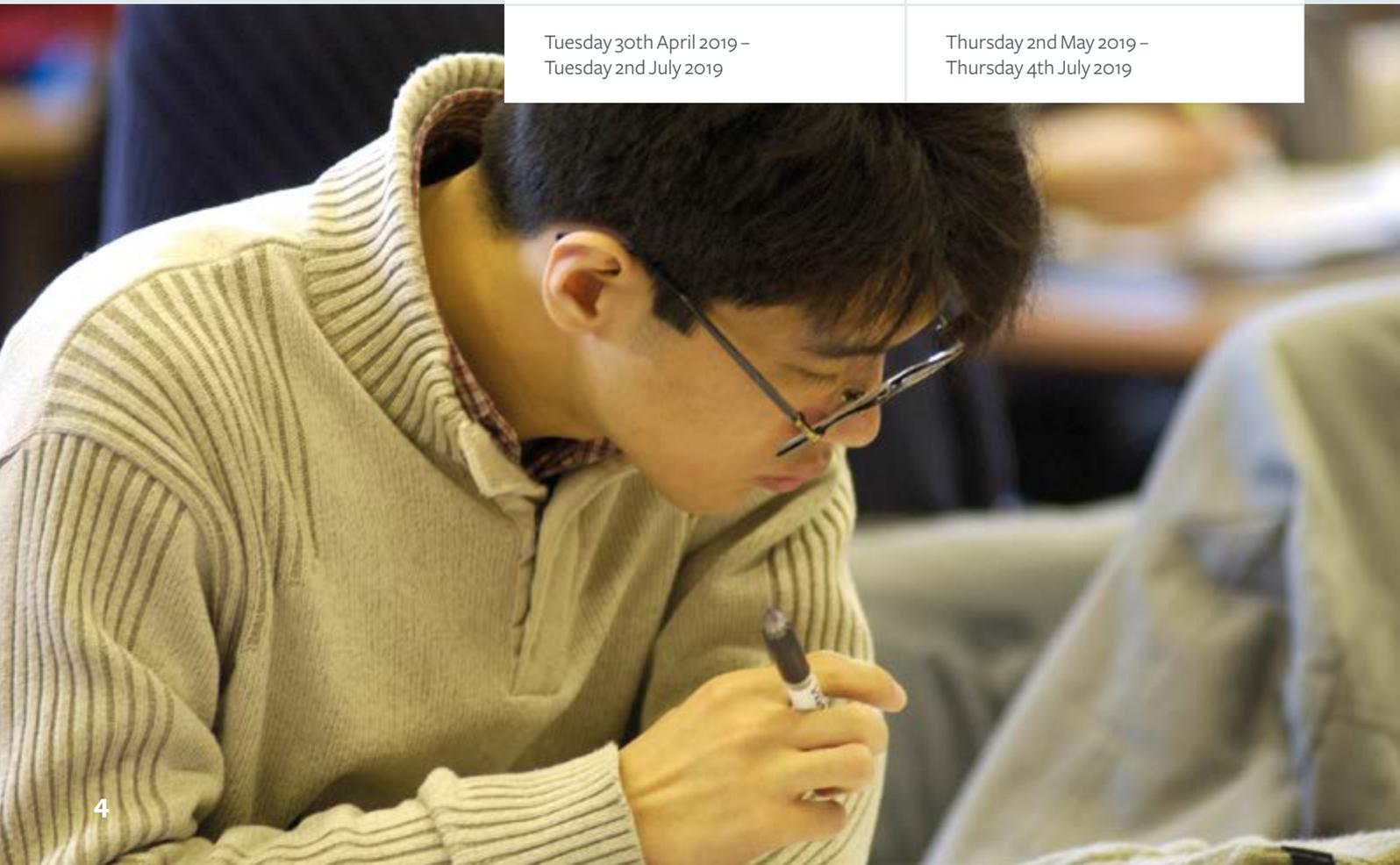
Two new courses to help you prepare for your IELTS exam

IELTS Preparation 1: Reading and Speaking & IELTS Preparation 2: Writing and Listening.

These 20 hour courses are designed to provide you with valuable insights into how to maximise your performance in the IELTS exam. Each course takes place in the evenings and consists of two-hour sessions taught over a period of 10 weeks. Classes will run from 19.00-21.00 and focus on two skills each week: reading and speaking or writing and speaking, depending on which course you enrol on. The outline of each course is given in the table opposite.

You can opt to take both courses simultaneously (2 evenings per week for 10 weeks), both courses consecutively (1 evening per week for 20 weeks x 2) or simply just one of the two courses (1 evening per week for 10 weeks).

IELTS PREPARATION 1 Reading and Speaking skills	IELTS PREPARATION 2 Writing and Listening skills
Tuesday 9th October 2018 – Tuesday 11th December 2018	Thursday 11th October 2018 – Thursday 13th December 2018
Tuesday 16th January 2019 – Tuesday 20th March 2019	Thursday 18th January 2019 – Thursday 21st March 2019
Tuesday 30th April 2019 – Tuesday 2nd July 2019	Thursday 2nd May 2019 – Thursday 4th July 2019



WHY STUDY WITH LIFELONG LEARNING



So much more than an evening course...

When you join Lifelong Learning at the University of Southampton, you will have access to so much more than just your course. When you enrol with us, you will be given a student ID card, which will be your gateway to a whole world of opportunities beyond your evening classes.

Expand your knowledge

Through your enrolment with Lifelong Learning, you will have access to our library and e-learning facilities, both of which offer you a multitude of opportunities to practise and expand the knowledge that you acquire through your course. For language learners, the Library and Learning Commons on Avenue Campus contains a variety of useful resources including a wide-ranging film collection in English and foreign languages, grammar books and learning resources, and the latest newspapers and magazines from the UK and abroad. There are plenty of ways in which you can use the facilities we have on offer to enhance your skills. For academic and creative courses, the resources at Hartley Library can help you research more deeply into the topics covered each week.

You will also gain access to our online learning resources through your university computing account, including e-books and the Bob National online service which allows you to watch recorded TV and radio programmes from both UK and foreign broadcasters. The Blackboard site for your course will also give you online access to both the resources from your weekly evening classes and extra resources provided by tutors should you wish to study further or work on a specific skill in your own time.

You can immerse yourself in the University community beyond your course by attending our regular series of public lectures from academics and visiting speakers on a variety of different themes and topics. Information about these events is regularly publicised on the University website.

Outside the classroom

In addition to giving you access to campus buildings and facilities, your student ID card and University e-mail address gives you access to a variety of benefits offered by the University, including reduced prices for Sport and Wellbeing gym memberships and discount in a number of shops across the city.

Through the MyUNIDAYS service, you will also be able to take advantage of a variety of online discounts available to University of Southampton students, in addition to the software available to download for free through the University, including Microsoft Office 365.

You will also have access to a variety of free online learning resources from outside the University. With your university login, you will be able to access a variety of free online courses through the FutureLearn and Lynda platforms, which offer the opportunity to find out more about topics you have always been curious about, or to bolster your professional skills.



ALISON DANIELL



Creative Writing

Q: What kind of atmosphere do your classes have and how would you describe your teaching style?

A: The most important thing for me is that the classes are fun and accessible. I plan my teaching so that whether you are writing regularly and aiming for publication or have not written anything since leaving primary school, you will – I hope – pick up some useful tips and feel empowered to keep on writing once the course has finished. Because writing is, at its heart, a craft, it's important that students have plenty of practical exercises to hone their skills as well as learning the theory. So, as well as me standing at the front and teaching, there are a lot of activities built into my lesson plans – this means that my students get the chance to experience the techniques I'm talking about by seeing them 'in action' in literary texts or trying them out for themselves in a writing activity.

Q: What is your best tip for starting out in creative writing?

A: My top tip is simply to start writing. Once you start writing, you are a writer – it's as simple as that; no other qualifications are required. However, it is a solitary hobby and people can feel quite isolated – which in turn can lead to feelings of demotivation. Many people appreciate the support of other authors round them and fortunately, there are plenty of options. There are lots of local writing groups: see if your local library runs one; if not, could you volunteer? Evening classes, such as those run by the University of Southampton, are also excellent places to start. There are also on-line writing courses (some of which will also give you access to a virtual community

of other writers), national writers' groups and organised writing retreats. Finally, I strongly recommend trying to get to a writing conference where you can spend a weekend learning the tricks of the trade from published authors and other industry professionals and meeting other writers. These are particularly great if you are on the cusp of publication because you can pitch your book directly to the editors and agents who will be there as invited speakers – get your elevator pitch ready, buy your target professional a drink at the bar and see what happens.

Q: What novel most inspired you to become a writer?

A: I love novels and have always been an avid reader. However, I'm enough of a realist to know that I'm not going to be the next Jane Austen or George Eliot, no matter how much I might want to. My favourite mass-market author is the clever and extremely funny Marian Keyes ('Rachel's Holiday' and 'Anybody Out There' are brilliant, funny and heart-wrenching all at the same time). I also love Kate Atkinson's books (particularly 'Life and Life') with their strange, other-worldly settings and corkscrew-like plot twists. I would one day like to publish an historical novel. In fact, I hope that one of the by-products of my PhD research is going to be to unearth enough background material to create one set at some point during the eighteenth century.

Course Dates

TAKE ONE IDEA

Thursdays from 11th October 2018



STEPHANIE WRIGHT

Damned, Deviant or Divine

Q: What can we learn through studying the archaeology of disability? Why is it such an important topic to study?

A: In every society, there have been people with different bodies and different abilities, therefore the themes of impairment and disability are some of the few true universal features of the past and present worlds. Especially with the popularity of events like the Paralympics, a community of people with disabilities has grown with a stronger sense of identity and pride. As this sense of identity has become more established, an interest in the history of past members of this community has also developed. As the late, great Terry Pratchett said “If you do not know where you come from, then you don’t know where you are, and if you don’t know where you are, then you don’t know where you’re going. And if you don’t know where you’re going, you’re probably going wrong.” and I believe this is precisely why the study of disability in the past is important today.

Q: What first interested you as an academic in archaeology?

A: I got into archaeology by chance. I have always been interested in history, but archaeology was not something I had ever thought about as a career path before. I visited a university open day, aged 18, looking to study history. I got hopelessly lost, in the pouring rain, on the campus and I took shelter in the archaeology building. I attended the talk there (mainly to justify my continued shelter) and they took me into the bone lab and showed me a spinal column with tuberculosis lesions. I was hooked from then onwards. Archaeology appeals to me because the types of skills and analysis that can be used is so varied. Your research can be outdoors, hands-on and practical, it can be archive and desk based, focused on laboratory experiments, creative and arts engaged or a combination of all the

above and others beside. It is a bridge subject between the worlds of science and humanities, allowing one to pursue their own strengths. For me, I am something of a polymath or jack of all trades which is quite useful for the study of archaeology.

Q: How would you describe your approach to teaching and what do you feel characterises your classes?

A: My classes are informal and interactive and I like experimenting with a varied range of approaches to teaching methods. My lessons include lectures, hands on sessions with artefacts (particularly human bones whenever possible), interactive group activities and lively debate. Above all I like being open and honest whilst teaching and appreciate receiving feedback from students. I enjoy running lifelong learning courses; I tend to use the sessions to discuss my latest ideas and interests and the students’ reactions often challenge me and make me think about things in a different way. When I created my latest course, I included and explored subject matter that I find interesting, but I am also open to suggestions from the students themselves. I do not pretend to know everything when teaching, but I am very good at finding things out and running a course over several weeks allows me to relay these answers.

Course Dates

DAMNED, DEVIANT OR DIVINE

Mondays from 8th October 2018

ELISABETH RUGGLES



Dutch and German

Q: What benefits / opportunities do learning Dutch bring?

A: Although English is widely spoken in the Netherlands, learning Dutch is much appreciated and admired! Learning any language allows you to experience a culture at first hand and understand more about the psyche of the people.

Q: Is there something about Dutch culture/ the Netherlands that you feel more people should know about?

A: Sinterklaas (5th December) is a great tradition with pakjesavond. Families will write a poem about a member of their family and wrap a present often in an elaborate disguise. The day that Sinterklaas arrives in the Netherlands is reported in the news. The books of two small children, Jip and Janneke, should also not be missed.

Q: What is your favourite word or phrase in your native language that has no direct translation into English? Or your favourite idiom?

A: A word that has no English equivalent is 'gezellig', which is the same as the German 'gemütlich' or the Danish 'hygge', meaning a cosy, warm environment, where you feel at home.

Favourite idiom: 'graag of niet' – if you get a non-committal answer to a suggestion, instead of an enthusiastic reply, you can say this. Basically it means – with pleasure or not, ie. don't bother if that's your response.

Q: What is your favourite English word and why?

A: Milk, as the more you say it, the odder it sounds.

Q: What is your best tip for learning a new language?

A: Learn in small bursts, every day. Keep going over the things you have learnt. Some people put post-its of new vocab in places where they'll see it every day. Watch programmes or films in Dutch – there are lots on Netflix or BBC4 or More 4. Try to immerse yourself as much as possible.

Q: What is the best advantage that comes with speaking another language?

A: The fact that you can communicate with other people. People are so pleased when someone has made an effort to learn their language. You learn more about the country if you can read the language and eavesdrop on people around you. It also gives you a confidence boost to master something new, which might be challenging and requires dedication and hard work.

Course Dates

DUTCH 1

Mondays from 8th October 2018

BIANCA BELGIORNO APPLEYARD



Italian

Q: What benefits/opportunities does learning Italian bring?

A: Obviously it helps you to communicate when you're on holiday, but it also brings opportunities to work in Italy: there are plenty of jobs in the north and lots of demand for teaching English in the south. It's also a fantastic way to better understand classical music, opera and art.

Q: Is there something about Italy/ Italian culture that more people should know about?

A: Italy is a young country – it was only unified in 1861, so Italy is made up of many different regions, each with their own customs and culture. That's no reason to put you off though – everyone speaks Italian, it's just that everyone has their own traditions.

Q: What is your favourite Italian word and why?

A: I love the word *scarabocchio* – it's a noun meaning scribble, and I like the sound of it.

Q: What is your favourite English word and why?

A: The word *lollipop* is lovely – I just like the way it sounds!

Q: What is your best tip for learning a new language?

A: Above all, be determined. Take every opportunity to talk with a native speaker, or even just with yourself.

Q: What is the best advantage that comes with speaking another language?

A: It's about being able to communicate with other people and to show that you're open. It makes Italian people happy, when English people try to speak their language, and you get a better welcome! It helps you to understand another culture as well – there's a great Italian idiom 'Amici e vino devono essere vecchi', which means 'Friends and wine must be old to be good', which is a lovely insight into Italian culture!

Course Dates

ITALIAN 1

Mondays from 8th October 2018

CHOOSE YOUR LANGUAGE AND LEVEL



We offer a wide range of language classes to suit all abilities – from complete beginner to advanced conversationalist.

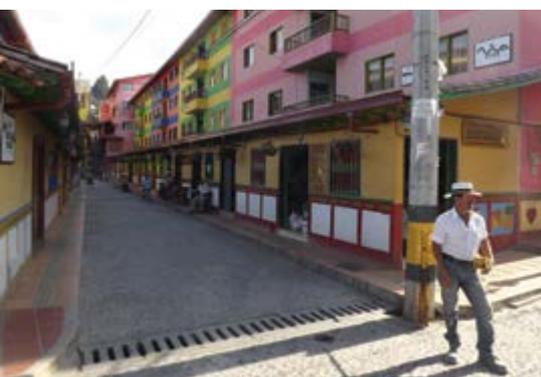
Most courses take place in the evening and are normally two hours per week over 30 weeks. Our courses are designed to develop all four language skills - speaking, listening, reading and

writing - with an emphasis on speaking and understanding in the class sessions. Most language classes take place at the University's **Avenue Campus** which has excellent **language-learning facilities** and extensive resources. Once you have enrolled on one of our Modern Language courses and have your student card you will be able to use these facilities to develop your learning. This includes access to learning materials on our virtual learning environment and full borrowing rights (for the full academic year) for our library resources.

courses where there are a sufficient number of bookings. Languages usually on offer are: French, German, Spanish, Italian, Mandarin Chinese, Japanese, Polish, Portuguese, Arabic, Russian, Greek, English.

Levels

Language courses are organised in stages according to level. These are described below:



Range of languages offered

We try to offer as wide a range of languages as possible but courses offered are subject to change each year as we can only run

LEVEL	SUITABLE FOR	PRIOR LEARNING REQUIRED
Stage 1 (Beginners)	Anyone who is new to the language or who need to revise very 'rusty' skills.	Students will have no or minimal skills in the language but may have some prior study in a formal context (e.g. school) or very basic skills acquired through more informal means e.g. living or working abroad.
Stage 2 (Improvers)	Anyone who has done some language study but is still in the early stages of their language learning.	Students at this stage will have acquired the basics of the language including everyday vocabulary and essential functional grammar.
Stage 3 (Lower intermediate)	Anyone who has completed at least two years of language study.	Students will have a good working vocabulary and familiarity with the grammatical system of the language.
Stage 4 (Intermediate – Upper intermediate)	Anyone who has a reasonable level of fluency in the language.	Students studying at this level will have sufficient vocabulary and grammar to be able to use the language to express more complex and abstract concepts and ideas.
Clubs (Advanced)	Anyone who is a fluent and confident oral communicator or who is seeking to use and improve these skills in small group discussions.	Students studying at this level will have acquired sufficient skills in the language to be able to express thoughts and opinions on a range of topics relating to society and culture.

Each stage is divided into three parts (a, b and c) which correspond to the three terms of the academic year (Autumn, Spring and Summer). Part a teaching runs from October – December, with part b running January – March and part c from April – June. Course dates for 2018/19 are given on p19.

The levels on offer will vary from year to year, and are subject to demand. To check which language and levels are available for 2018/19 please visit our website:
www.southampton.ac.uk/lifelonglearning

Pre-requisites

There are no specific pre-requisites for our courses but as a general rule students should complete all parts of a Stage (a, b and c) before moving to the next Stage (level). Students who have other prior learning or qualifications are advised to contact Lifelong Learning before booking. Please note that there is no formal assessment for our courses.

Summer Intensives (beginners)

Our Summer Intensive Language courses run every July and are an ideal way to get a taste of,

and gain some basic skills in, a new language. These courses take place over five evenings and offer 15 hours of tuition in French, Spanish, German, Italian, Mandarin Chinese, Japanese and Russian. They are an excellent way of trying out a new language in advance of enrolling on one of our full year language courses.

Language Clubs (advanced)

For the more experienced language learner our French, German and Spanish Language Clubs offer a chance to keep up and improve spoken communication skills. Clubs are designed for people who have a reasonable level of fluency (at least upper-intermediate level learners) who are looking for a more informal way of learning a language than a regular class. Language clubs are facilitated by a native speaker but sessions are led by students' interests and may cover topics such as culture, media, politics, the Arts and travel.

Please note: Language Clubs are not formal lessons and are not suitable for students with a low level in the language. If you are not sure if a Language Club is the right thing for you please do not hesitate to contact us for advice.

Dutch was recently ranked in the top ten languages that the UK needs for trade and is one of the top five languages requested by UK employers.

LANGUAGE PROFILES

Arabic

One of the world's most widely used languages, Arabic is today spoken by over 300 million people across the world. It is the official language of the 22 countries which form the Arab League, stretching from countries in Southwest Asia to countries in Northwest Africa. Fus-ha, or the classical form of the Arabic language, is the language in which the Qu'ran is written and is widely taught and used by scholars of the Islamic religion, though in modern times is viewed as written language rather than a spoken language.

Whilst Arabic uses an entirely different script to most European languages (known as calligraphy, a mix of calligraphy and graffiti), many Arabic words have entered into English and many other European languages through medieval trade routes. According to the British Council, words as diverse as algebra, coffee, cotton, book and sofa all owe their origins to Arabic!

Modern Standard Arabic (MSA for short) is similar to the classical form of the language and is often used by personalities such as politicians, diplomats, and in the media as well as the form most commonly taught as

a foreign language. While MSA is commonly understood or spoken by many Arabic speakers as a second dialect, the form of Arabic commonly spoken in a country or region where it is an official language can vary enormously. There are such a number of varieties that Arabic speakers from different countries often have to use MSA to communicate with each other and avoid misunderstandings.

Dutch

Possibly one of the easiest foreign languages for native English speakers to start learning, Dutch has a surprising amount in common with English. Unlike German, with which it also shares similarities, Dutch only has one case, which makes it more similar to English. You are also probably already likely to be using some Dutch words on a day to day basis without realising it – English words such as apple, banana and blue clearly share origins with their Dutch counterparts appel, banaan, and blauw. Like English, Dutch also likes to 'borrow' words from other languages - many words of French and Hebraic origin have made it into the Dutch lexicon.

Dutch was recently ranked in the top ten languages that the UK needs for trade and

is one of the top five languages requested by UK employers. Dutch is not only spoken in the Netherlands, but also by people living in former Dutch colonies in the Caribbean, forming a Dutch-speaking community of 23 million people worldwide according to the British Council.

Afrikaans and Flemish are also both languages which have their origins in Dutch. It is estimated that between 90 and 95 percent of the vocabulary of Afrikaans is of Dutch origin, even if Afrikaans has much more regular morphology, grammar and spelling than the language it is derived from. Spoken in the Dutch speaking areas of Belgium, Flemish also differs from standard Dutch through its increased use of loan words and minor differences in pronunciation.

However, Dutch pronunciation can be difficult and tricky to master. Your pronunciation of Dutch words such as Scheveningen can quickly give away whether you are a native speaker or are learning Dutch as a second language.



EXPLORE YOUR INTERESTS



Take One Idea

This course offers a varied and informative introduction to creative writing, suitable for beginners and/or those who would like to explore a variety of different literary forms.

The course gives you the opportunity to work with a single core idea of your own choosing and transform it into four very different pieces of writing. Starting with creative non-fiction and moving on through poetry, script writing and finally the short story, you will be guided through some of the

theory behind each literary form before being encouraged to produce your own piece of writing in response. Each session will be divided into two parts: the first focussing on the key features of the four types of text before we put pen to paper and create a piece of writing from scratch using the techniques learned earlier in the session. Ideal for beginners, this class provides the information and encouragement needed to get started in creative writing or, for more experienced authors, it is a great opportunity to step outside creative comfort zones and try something new.

Tutor: Alison Daniell

DATES

**Thursday 11th October –
Thursday 15th November 2018**



Telling Tales

This course is an ideal follow-on course from Take One Idea, but is also suitable for anyone looking to get started or enhance their narrative writing skills.

The course gives you the opportunity to get to grips with some of the key building blocks for writing narrative fiction. Starting with setting and description, you will explore the topics of character, plot, point of view, voice and story-telling. You will be guided through some of the theory behind each subject before being encouraged to produce your own piece of work in response. Each session will be divided into two parts: the first focussing on the key features of the topic before you put pen to paper and create

a written response from scratch using the techniques you have learned. Ideal for beginners, this course provides the information and encouragement you need to get started with narrative fiction or, for more experienced authors, it is a great opportunity to develop and expand your existing skill set.

Tutor: Alison Daniell

DATES

**Thursday 2nd May –
Thursday 6th June 2019**



Quantum Calamities and Solutions

What will happen to our computers as they are getting smaller and smaller? As we increase the integration density of integrated circuits in the contemporary “classical computer”, quantum effects start to prevail. Hence, the general rules of developing the classical computer will no longer be valid.

On the other hand, the advances in quantum physics lead us to the alluring benefits of high performance quantum computing, also promising perfectly secure quantum communication.

This course provides you with a series of lessons in quantum technology, with special emphasis on quantum computation and communication. The course will put more emphasis on the application aspects of quantum information processing than on quantum physics. This course is designed for beginners having a minimal knowledge on quantum physics who are enthusiastic about quantum technology and its role in the future. At the end of the course, you will have an understanding why we must consider the quantum world and what benefits it provides for the advancement of humanity.

Tutor: Daryus Chandra

DATES

**Thursday 11th October –
Thursday 15th October 2018**

Damned, Deviant or Divine

Dammed, deviant, divine, dependent, dying, dangerous, fools, beggars, cripples. These are just some of the words associated with disability in the past.

This course provides a brief introductory exploration into the occurrence and experience of disability in the past. Using both historical and archaeological sources, with an emphasis on the British past, this 6 week course will introduce you to key themes associated with disability studies and explore changing attitudes and experiences of the disabled, from the



Palaeolithic to the Post-Medieval period. There will be an opportunity to see osteological examples of palaeopathology from the University of Southampton archaeological department.

Tutor: Stephanie Wright

DATES

**Monday 8th October 2018 –
Monday 12th November 2018**

Introduction to Classical Art and Archaeology

In this 6-week course, you will explore the art and archaeology of the ancient Greek, Etruscan and Roman civilisations. The course will cover developments in ancient sculpture, architecture, pottery, wall paintings and other art forms alongside their social, economic and political contexts, from the earliest cultures in the Aegean through to the end of the Roman Empire. In addition it will examine the materials and techniques used by ancient

artists, interspersed with discussions of current issues in the scientific analysis and conservation of artworks and archaeological sites.

Tutor: Diana Blumberg

DATES

**Wednesday 31st October –
Wednesday 5th December 2018**



Uncovering Pompeii

Life in Pompeii was brought to an abrupt end by the eruption of Mount Vesuvius in AD 79. Buried and preserved by volcanic material for centuries, it was rediscovered in the 18th century and excavations have continued to take place there through to the present day. In this module we will learn about Pompeii's destruction and rediscovery, and what the excavations have revealed about the daily lives of its inhabitants. Examples of public and private buildings, wall paintings, mosaics and a variety of artefacts from Pompeii and neighbouring towns will be discussed to enhance our understanding of this ancient society. We will end the course with a

consideration of the most recent efforts to conserve and preserve this famous and unique archaeological site.

Tutor: Diana Blumberg

DATES

**Wednesday 6th February –
Wednesday 13th March 2019**

Introduction to Poetry Writing

In this six-week course, you will explore the craft of poetry. You will build a foundation of core skills, such as differentiating between the abstract and concrete, creating impact through line breaks, navigating sound devices, and employing figurative language. The course will conclude with strategies for getting published in literary journals. Classes will be based around the close study of sample poems, with discussion highlighting the techniques authors use to create certain impacts. There will also be exercises tailored to hone the strength of your writing through the

application of key craft elements, and workshops, in which you'll share in-progress poems with the group. Prior creative writing experience is not required — the class is open to fledgling and seasoned writers, alike.

Tutor: Alice Stinetorf

DATES

**Tuesday 16th October –
Tuesday 20th November 2018**



Made to be Broken: Writing Experimental Fiction

To experiment, by nature, means to accept the possibility of failure—the hypothesis may not be upheld. When authors experiment, they break the 'rules' of fiction or otherwise defy our expectations of what a story can be, sometimes to quite remarkable effect. In this six-week course, you will explore the craft of experimental fiction. In guided discussions, you will apply a critical eye to stories that test the boundaries of structure, narration, and even reality, seeking to articulate how and why these pieces succeed or fail. For instance, can a story take the shape of an index or a recipe? When can a narrator's unreliability become an asset? Can a story truly be told in under 100 words? Through tailored exercises, you will apply experimental techniques and aesthetics to your own writing, developing fresh ideas and crafting non-traditional scenes. Classes will be based around examination of sample stories, the completion of writing prompts and activities,

and workshops, in which you'll have the option to share in-progress fiction with the group. The aim is for you to produce one revised story or a small portfolio of flash fiction by the end of the course. While there are no prerequisites, this course may be of particular interest to those who have already taken 'Fiction Essentials'.

Tutor: Alice Stinetorf

DATES

**Monday 14th January –
Monday 18th February 2019**



Introduction to Writing Fiction: Fiction Essentials

This course will focus on some of the most vital elements of fictional writing: character, place, story and point of view. How do you bring characters to life on the page? How do you evoke a place? How do you craft a gripping yet believable story? And what effect does an author's choice of point of view have on each of these elements? Classes will be based around discussion, looking at examples of published fiction with a view to finding effective techniques for developing these

aspects of fiction; writing exercises aimed at strengthening your writing; and workshops, in which you'll share your works-in-progress with the group. The aim is for you to work towards producing one or two pieces of short fiction or novel chapters.

Tutor: Jenn Shaller

DATES

**Tuesday 16th October –
Tuesday 20th November 2018**

REFLECTIVE ART IN PRACTICE



Lifelong Learning intern Hermione Cook sits in on a portraiture evening class

It's not all that often that any of us get a chance to sit down for two hours and focus on something that we love doing, free from interruptions and in a supportive, focused environment, which makes taking the time out for an art class all the more special. Around a dozen people, of different ages, backgrounds and abilities, take an evening out of their week to sit down and focus on depicting an image as best they can, an incredibly meditative experience when it's sometimes hard to find five minutes free from distractions.

The courses are themed: the class I attended was portraiture and each week focuses on a different medium. Previous weeks had focused on light and shade via the medium of charcoal, and on impressionism and watercolour. I went along to acrylics week, when colour and expression were the marching orders. The class commenced with half an hour of art history, covering everything from Van Gogh to modern portrait artist Paul Wright, with tutor Abi Kremer taking us through the history of

expressionism and introducing us to some exceptionally beautiful portraits as inspiration. This vibrant use of colour then served as the basis for the next hour and a half as we tried to channel our inner expressionists.

The atmosphere was very supportive, with students complimenting each other's work and Abi offering excellent and practical tips to improve our paintings. Above all, there was a real sense of calm and focus in the class as we did our best to depict the images we had chosen.

Frequently Asked Questions

I am a complete beginner, is this the right course for me?

Tuition will be given assuming this, though each student will be taught at an appropriate level.

Will I have to spend a lot of money on materials?

Advice will be given during the course on media and materials. The cost of these should be

minimal, and can be summarised as: a set of chalk pastels, pencils, a small set of watercolour and acrylic paints, brushes, sketching and painting paper. These can be bought cheaply from 'The Range' or 'The Works' in Southampton.

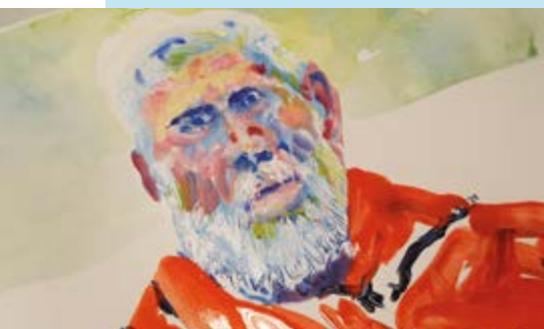
How much time will we spend on art work?

The first half an hour will be spent discussing art movements, individual artworks and techniques, from projected images. The next hour and a half will be spent doing the practical. Students will be expected to bring examples (in the form of photos, or phone images) to work from as a starting point. Instructions will be given on this the week before.

Is further study required?

No, but books and websites are shared for interested students to research.

Reflective Art in Practice



This course examines the theory and practice behind a range of art movements with an illustrated lecture looking at context and incorporating group discussion. This is followed by a practical session in which techniques and ideas are sampled.

Term 1 – Abstracting Landscapes

We will look at the process of abstraction as illustrated by Kandinsky and Mondrian, examining the impact of these ideas on 20/21st Century art. Practical exercises will be undertaken in class using drawing materials, paint and collage with personal references as a starting point. By the end of the course you will be able to make experimental and resolved abstract landscape artwork, and expand your knowledge of this art movement.

Term 2 – Exploring the Still Life

This broad and highly personal genre was taken to new heights of experimentation by Picasso and Braque in the early 20th Century. We will look at the way artists have responded to still life subjects with a series of practical exercises using drawing materials, paint and collage, using chosen objects. By the end of the course you will be able to make experimental and resolved still life art, and expand your knowledge of this genre.

Term 3 – Topic to be announced.

Tutor: Abi Kremer

DATES

TERM 1

Tuesday 9th October –
 Tuesday 27th October 2018
 Thursday 11th October –
 Thursday 29th November 2018

TERM 2

Tuesday 15th January –
 Tuesday 5th March 2019
 Thursday 17th January –
 Thursday 7th March 2019

TERM 3

Tuesday 30th April –
 Tuesday 18th June 2019
 Thursday 2nd May –
 Thursday 20th June 2019

Image by Paul Garratt

DEEPEN YOUR UNDERSTANDING

For people who have less time to commit to a longer course our Lifelong Learning Study Days are the ideal option. These one-off themed events consist of a half or full-day programme of short talks by leading experts.

Topics for Study Days are of general or local interest and draw on research conducted by academic staff and postgraduate students from the University of Southampton. Attending a Study Day will offer an opportunity to gain a more in-depth understanding of a familiar person, event or artefact.

Study Days generally take place on Saturdays over a half or full-day, with refreshments included.

For more information on our Study Day programme please visit our website: www.southampton.ac.uk/lifelonglearning

Feedback from previous study days.

“An increased depth of knowledge about each topic has been reinforced by the well-balanced structure of the programme.”

1066 Battle of Hastings Study Day 2016

“Made me more aware of the issues of gender in the film industry”

Women and British Film Study Day 2017

“I feel I have a wider understanding of alternative views discussed today.”

Truth and Fake News (Philosophy) Study Day 2017

“Greater understanding of archaeological evidence, research findings, artifacts and methodology. Thank you for the informative and compelling day”

Archaeology of Southampton Study Day 2018

Gordon is a regular Study Day participant. Here is why he loves attending our Study Days.

“I have been attending Study Days over the last five years and enjoyed sessions on a wide range of topics including Human Origins, Einstein’s Universe, human Genetics, T E Lawrence, The Battle of Jutland and the Archaeology of Southampton. The Study Days have looked at topics from a variety of points of view and have greatly increased my understanding of the subjects. They have also exposed me to many subjects I would not normally come across. They have broadened my mind and helped me to think in new ways.

The Study Day format packs a lot of learning into a short time and is very accessible. I have been amazed by the very expert speakers abilities to make subjects understandable and captivating. When I leave my mind is buzzing with new insights.

I look forward to many Study Days in the future”.



AUTUMN STUDY DAYS



Archaeology Study Day: The Art and Culture of Anglo-Saxon England

Saturday, October 20, 2018
10.00 - 12.30

A major exhibition, 'Anglo-Saxon Kingdoms', will be held at the British Library, London, from Oct. 19, 2018, to Feb. 19, 2019. On display will be a bible written and decorated in northern England in the late seventh/early eighth century, which was taken to Italy to present to the Pope in 716, and has never before left Italy – it takes its name, the Codex Amiatinus, from the monastery in which it was housed until the eighteenth century. It is embellished with several paintings, the best-known of which is of the scribe Ezra writing in his study. On display also will be a St John's Gospel, bound in its original seventh-century red goatskin, and various other manuscripts, including the late eleventh-century Domesday Book, loaned from the National Archives. Artefacts to be displayed include some from the Staffordshire

Hoard, found in 2009 and not seen in London since that year.

The purpose of the study programme is to explore aspects of the culture of the seventh to eleventh centuries in England; it will focus on manuscript paintings and drawings, on sculptures and on artefacts, to set the British Library exhibition in context. There will be two lectures, which will not discuss only what is on display there, but what can be seen in

museums and churches generally – the Franks Casket, the Bradford-on-Avon carved angels, cross-shafts in northern and southern England, as well as other illustrated books such as the Benedictional of St Ethelwold, produced in late tenth-century Winchester.

The two lectures will be given by Professor David A. Hinton of the University's Department of Archaeology. There will be an interval for tea between them.



Philosophy Study Day: "Passionate, within reason"

Saturday November 24th 2018
10.00 - 16.00

Emotions such as fear, anger, guilt and love all play influential roles in our lives. Susceptibility to such emotions makes us human, and we might think that someone like Spock with a diminished emotional life is missing out on something important. On the other hand, emotions are also sometimes thought to be irrational impulses that distract us from the light of reason. In this study day we'll investigate the emotions and the role they play in our lives. We'll be especially interested in the relationship between emotions and rationality: Can an emotion be rational? Could you be rational if it weren't for your emotions? Might emotions be irrational but valuable nonetheless? The day will be led by Dr Alex Gregory, from the University's Department of Philosophy.

BOOST YOUR PROFESSIONAL SKILLS



Lifelong Learning offers a number of specialist courses which provide professional development opportunities for practitioners in fields as diverse as creative writing, Archaeology and Medical Interpreting. Details of courses on offer for 2018/19 can be found on our website.

Below is a taste of one of our courses.

Writing in the Community

The Writing in the Community courses offer a toolkit for those working with marginalised groups of people to help them find their voice via writing workshops. Writing your story means being listened to: developing self-confidence and believing that your own story matters – all the more important for neurodiverse people, those with dementia or those in prison. It gives them a platform and shows people that this is where their story starts and gives them an interest in shaping that story. These kinds of workshops build community, not only for the groups of people who attend them, but for the Arts across the city.

As tutors, we have some experience working with marginalised communities and we learn a lot from our students. Throughout the course, we go through the practicalities of planning a project, sourcing funding and engaging with the huge body of research here at the University. We aim to provide a supportive environment where everyone can share their talents and resources and give excellent opportunities for networking.

For graduates unsure what to do with their creative writing degrees, this is an incredible path to follow: to always be focused and connected with your passions and to make a difference in the community.

“On a professional level, it’s been very useful learning Polish as the company I work for regularly handles translation projects from Poland.”

Testimonials

Several employees at Southampton based translation company Parallel Translations take courses with us to help develop and build their professional skills. They told us how learning new languages helped them in both work and everyday life.

“I have wanted to learn Italian for a long time, so I’m really grateful that the evening classes allow me to do that even with a full time job. Having just completed a degree in languages, it’s great being able to learn a new language at a relaxed pace without the pressure of exams at the end.”

“Attending Lifelong Learning evening classes for the past four years has enabled me to study a variety of languages. These languages have been beneficial for my day to day work. Classes are varied and focus on the key skills of learning a language.”

“I graduated from university last year and am really enjoying studying again as I find it helps to keep my brain ticking over and active. On a professional level, it’s been very useful learning Polish as the company I work for regularly handles translation projects from Poland. The knowledge of the language that I’ve gained from the evening classes, though very basic at the moment, gives me a better insight into the projects and helps to speed up the work involved.”

“Studying Polish with Lifelong Learning has really helped broaden my linguistic horizons, and I have already been able to put my new skills to use both at work and socially. The classes are well-structured whilst retaining a relaxed atmosphere, which is a great way to learn a language. It’s also a perfect opportunity to meet like-minded people and make new friends.”

LIFELONG LEARNING OPEN DAYS



If you are interested in taking a Lifelong Learning course but not sure which one to choose why not attend one of our autumn open events?

LIFELONG LEARNING OPEN EVENING: MEET THE TUTORS

Wednesday 5th September

18.00-20.00

Avenue Campus

Come along to meet our tutors and find out more about the courses they will be teaching. No appointments are necessary, just turn up. Light refreshments will be provided.

LIFELONG LEARNING OPEN DAY: SAMPLE A COURSE

Saturday 15th September

10.00 – 14.00

Avenue Campus

If you are still making up your mind about what to study or simply want to sample a course before signing up, come along to our taster event and try out some new things. Sessions of one hour on a variety of topics will be available and you are welcome to attend more than one session subject to availability.

Pre-booking is required and light refreshments will be provided. Please visit our website to find out what is on offer and to book a session.

COURSE DATES AND TIMES

TYPE	TERM 1	TERM 2	TERM 3	TIME
WEEKLY LANGUAGE COURSES	Mon 8th October 2018 - Thurs 13th December 2018	Mon 14th January 2019 – Thurs 21st March 2019	Mon 29th April 2019 – Thurs 4th July 2019	19.00 -21.00
LANGUAGE CLUBS	Mon 8th October 2018 - Thurs 13th December 2018	Mon 14th January 2019 – Thurs 21st March 2019	29th April 2019 – Thurs 4th July 2019	
SUMMER INTENSIVES			Mon 8th July Wed 10th July Frid 12th July Mon 15th July Wed 17th July	18.00 - 21.00
ACADEMIC AND CREATIVE COURSES (8 WEEK COURSES)	Mon 8th October 2018 - Thurs 29th November 2018	Mon 14th January 2019 – Thurs 7th March 2019	Mon 29th April 2019 – Thurs 20th June 2019	19.00 - 21.00
ACADEMIC AND CREATIVE COURSES (6 WEEK COURSES)	Mon 8th October 2018 - Thurs 15th November 2018	Mon 14th January 2019 – Thurs 21st February 2019	Mon 29th April 2019 – Thurs 6th June 2019	19.00 - 21.00

Individual course start and end dates will vary



Find out more:

[www.southampton.ac.uk/
lifelonglearning](http://www.southampton.ac.uk/lifelonglearning)

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